



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LIFEGUARD RE-CERTIFICATION AMERICAN RED CROSS

YMCA OF WASHINGTON COUNTY

This course is designed to provide participants with renewed training in basic skills and knowledge needed to be lifeguards in pools and aquatic environments. This course offers up to date information on how to guard, anticipate, and prevent problems and to take action to help those in need. CPR, First Aid, and AED certifications are included in the cost of the program. MUST be able to swim 300 yards. Lifeguards are required to be re-certified every 2 years.

AGES: 15+

WHEN: Saturday · March 7th

TIME: 11:30am - 8:30pm

COST: \$85

LOCATION: Washington Community YMCA
121 East Main St
Washington, Ia. 52353

TO REGISTER CALL

Washington YMCA 319-653-2141

FOR MORE INFORMATION:

Nick Gearhart aquatics@washingtoney.org or nickgearhart@hotmail.com



Limited to 10 Participants!