



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

ON YOUR MARK. GET SET. GO!

Wellman/Kalona Youth Coed Track

“Youth track and field is designed to teach participants the basics of proper form for sprints, middle distance, relays, long jump, and hurdles as well as the rules and strategies of track and field.”



**REGISTRATION DEADLINE:
April 3rd**

■ **Boys & Girls 1st through 6th Grade**

■ **Individual Sign Up \$25 members \$50 nonmembers (includes t- shirt)**

DATES: Saturdays, April 11th, 18th & 25th at Mid-Prairie Track

TIME: 10am Track Meet May 2nd at Case Field

If, due to weather, you suspect a cancellation please listen to KCII radio or check YMCA Facebook Page.

In the event a program is cancelled, the program may or may not be rescheduled or credited. This is determined by the program director.

Please make checks payable to YMCA of WASHINGTON COUNTY IOWA

Child's Name: _____ Grade: _____

Parent's Name: _____

Address: _____

Phone (in case of emergency): _____ T Shirt Size (circle one) YS YM YL AS AM AL

Email (to receive important program information): _____

Waiver of Liability: I understand that even when reasonable precaution is taken, accidents sometimes happen. Therefore in exchange for the YMCA of Washington County allowing my child to participate in Track & Field. I understand and expressly acknowledge that I release the YMCA of Washington County from all liability for injury loss and damage connected in any way whatsoever to my child. I understand this release includes claims of negligence, action or inaction of staff, directors, guest or volunteers.

Parent or Guardian Signature: _____ Date: _____

Questions Contact: Marcus Hall at Kalona YMCA Rec Center (p) 319-656-2400 (e) mhall@washingtonty.org
or Justin Hopson at Wellman Parkside YMCA (p) 319-646-8439 (e) jhopson@washingtonty.org

www.washingtonty.org